

Maternity Support Right From the Start

Your pregnancy is covered by your Blue KC health plan – starting with your first doctor’s visit. Coverage varies, so be sure to check your plan for details. Most cover:



Prenatal care (vitamins, gestational diabetes testing, Rh incompatibility testing, STD testing)



Childbirth (including any complications)



Post-birth (breastfeeding equipment, birth control, etc.)

Once your baby arrives, make sure to **contact your HR department** to have your baby added to your plan. You must add your baby to your plan within 30 days of birth.¹

Find more information on your maternity benefits:

Visit [MyBlueKC.com](https://www.mybluekc.com) or download the Blue KC Care Management app and use access code **kchelpwelcome**.



[MyBlueKC.com](https://www.mybluekc.com)



Blue KC Care Management

¹ Be sure to choose your pediatrician earlier in your pregnancy so you can be sure they are in-network. You can find in-network pediatricians by logging into MyBlueKC.com.

² If you are unsure if your plan includes the breast pump benefit, please call Customer Service at the number listed on your member ID card.

³ Find the provider listing on MyBlueKC.com. Go to Health Programs (located under Health & Wellness), then the Pregnancy tab.

For costs and further details of the coverage, including exclusions, any reductions or limitations and the terms under which the policy may be continued in force, see your insurance producer or write Blue KC.

NOTE: The Member Guide provides a general overview of services and benefits that may be included in some Blue KC health plans. Because coverage details can vary, we encourage you to review your specific plan documents for accurate information. For details about your coverage, please refer to your Summary of Benefits and Coverage (SBC) by visiting [MyBlueKC.com](https://www.mybluekc.com) and clicking on **Plan Benefits**.



BREAST PUMP COVERAGE

Information and In-Network Providers



Blue KC members who are 30 weeks pregnant can order a breast pump with a doctor's prescription.

Breast feeding is one way to protect your baby's health. And if you've decided to do so, your Blue KC health plan provides coverage for a breast pump.

Take advantage of this benefit and order your breast pump by taking these steps:

GET A PRESCRIPTION

Ask your doctor for a prescription for a breast pump once you reach 26-28 weeks.

ORDER

At about 30 weeks, order your breast pump by contacting one of the in-network local or mail-order breast pump providers listed on the following page.

Please allow roughly four weeks to receive your breast pump in the mail. If you have questions about ordering, please contact your breast pump provider directly.

Blue KC will contribute towards the purchase of a manual or electric breast pump – double or single – to meet your needs. The Blue KC Customer Service team can help you understand what costs to expect ahead of your purchase. Fully-covered options are available.

You are limited to one breast pump per pregnancy.



In-Network Breast Pump Providers

Helpful Tips:

- If you have not obtained a prescription from your doctor for a breast pump, you can ask the breast pump provider to request the prescription for you.
- You will need your Blue KC member ID card on hand when you place your order.

WALK-IN LOCATIONS*: KANSAS CITY IN-NETWORK PROVIDERS

**For a complete listing of local walk-in locations, call Blue KC Customer Service at the number on your member ID card.*

Covered Network	Location	Phone Number	Preferred-Care Blue and Preferred-Care	Blue-Care	Freedom Network and Freedom Network Select	BlueSelect and BlueSelect Plus	Blue Access
Advanced Medical Solutions	Lenexa, KS	913-745-4468	X	X	X		
Elite Medical Innovations	Lenexa, KS	913-940-0491	X	X	X	X	X
Mobility First	Independence, MO	816-350-7600	X	X	X	X	

IN-NETWORK MAIL ORDER PROVIDERS*

**State access varies; please call the listed provider to ensure breast pumps are available for your location.*

<p>Edgepark</p> <p>edgepark.com / 800-321-0591 – press 1 when prompted.</p>	<p>Yummy Mummy</p> <p>yummymummystore.com / 855-879-8669</p>
<p>Aeroflow</p> <p>aeroflowinc.com / 888-973-0279</p> <p>Aeroflow is not a contracted provider in the BlueSelect, BlueSelect Plus or Blue Access networks.</p>	<p>Better Living Now</p> <p>betterlivingnow.com / 800-854-5729</p> <p>Better Living Now is not a contracted provider in the Blue Access network.</p>
<p>Byram Healthcare Centers, Inc.</p> <p>byramhealthcare.com / 877-773-1972</p> <p>breast-pumps@byramhealthcare.com</p> <p>Byram Healthcare Centers, Inc. is not a contracted provider in the BlueSelect, BlueSelect Plus or Blue Access networks.</p>	<p>The Breastfeeding Shop</p> <p>thebreastfeedingshop.com / 866-255-6779</p>